

A close-up photograph of a woman's face, partially covered in a thick, white, textured facial mask. She has her eyes closed and a serene expression. Her right hand is gently cupping her cheek. The background is a soft, out-of-focus teal color.

TEMPLE SPA
Problem & solution handbook

SPATOGO
LOVEWHATYOU DO



If your lovely Clients name a problem – we have a solution!

Temple Spa products are beautifully and carefully created to help those with many different skin-types and skin conditions and it's such a privilege to get alongside our customers and help them live, breathe and love who they are!

This quick handbook is to help you find and recommend a product or two (or more!) to your customers, if, at a class, they mention they have an additional area they'd like to give some special attention to!

Please note: for more information on each product recommended in this manual, please see the full product details and ingredients on the website so your lovely customers can read all about them!

Contents page

A Acne
Aging
Aching muscles

P Pasty skin
Pigmentation
Psoriasis
Puffy eyes

C Cellulite
Cracked heels
Crepey neck

R Rosacea
Redness

D Dark under eyes
Decolletage
Dry patches

S Scars
Sensitive
Sleep deprivation
Sun Protection

E Eczema

U Uneven skin tone

H Hypersensitive skin

W Wrinkles and finelines

M Mum-to-be

O Oily
Open pores

Acne

As Acne is a medical condition it is always recommended you seek the advice of a Doctor.

We do however have some wonderful products in our sensitive range (the BE range), particularly when your skin is aggravated. Treat you skin with kindness.

BE Range:

- BE GONE
- BECALM
- BE STILL



Aging

All our products at Temple Spa are made using the best ingredients which all have anti-aging properties.

Our TRUFFLE range, in particular, will take your skincare to the next level – these are great products to use with anti-aging benefits – you'll notice the difference after first use!

Products:

- SKIN TRUFFLE
- TRUFFLE NOIR
- TRUFFLELIXIR
- EYE TRUFFLE
- THE ELEVATOR & CONTOURIST
- EXALT



Aching muscles

When your muscles are aching and tired from partying, exercising, working or just one of 'those' days, these products will help to sooth and unwind your body and mind!

Products:

- DRIFT AWAY
- WORK IT OUT
- AAAHHH!
- SOLE BALM



Cellulite

GO FIGURE is a high-tech serum-gel that stimulates circulation and works on cellulite for a smoother, firmer and slimmer looking bum, tum and thighs. It is a skin-tightening cream that contains skin-firming Iso-slim complex. Goodbye bumps, goodbye!

Products:

- GO FIGURE
- GIVING IT THE BRUSH OFF



Cracked heels

Those tired, cracked feet that need some love, lather these products on and see your feet transform!

Products:

- SUGAR BUFF
- SOLE BALM



Crepey neck

These beautiful products are also performance products – to nourish, tightens, lift and firm!

Products:

- EXALT
- THE ELEVATOR



Decolletage

These beautiful products are also performance products – to nourish, tightens, lift and firm!

Products:

- EXALT



Dark under eyes

Our wonderful products, both the eye care and the make-up can really help with the appearance of the dark circles under the eye.

Products:

- EYE TRUFFLE
- EYE SURVIVE
- EASY ON THE EYE
- EYE THERAPIST
- GLINT
- EYE BRIGHT Collection



Dry patches

These brilliant products are the bees knees for dry patches!

Products:

- GIVING IT THE BRUSH OFF
- SUGAR BUFF
- DUVET
- PEACE BE STILL
- BODY TRUFFLE
- IT'S ALL GOOD



Eczema

As Eczema is a medical condition it is always recommended you seek the advice of a Doctor. We do however have some wonderful products in our sensitive range (the BE Range), particularly when your skin is aggravated. Treat you skin with kindness.

Customers have mentioned the following work well for them:

Products:

- PEACE BE STILL
- BE STRONG
- BECALM
- QUENCH



Hypersensitive skin

For those with hypersensitive skin, we have an amazing research and development team in Temple Spa who are constantly searching for new ingredients, technology and trends and with sensitivity being on the increase they have reformulated our BE Range to be even better for sensitive skin.

The regime comprises of a cleanser, mask and moisturiser and they're suitable for all skin types, but particularly those that suffer from sensitivity either all of the time, or when you're going through stress and it's telling in your skin.

So, if you're looking for something to bring some calm, strength and vitality to unhappy and fragile skin, these could be a very helpful prescription for you.

Each product has an upgraded CALMADERM complex, this is our own patented formula that contains ingredients such as liquorice, aubergine, black oats, beetroot, apricot and basil, all synonymous with soothing, anti-inflammatory and desensitising properties.

Products:

- BE Range
- PEACE BE STILL
- TONING ESSENCE
- EASY ON THE EYE
- WINDOWS OF THE SOUL

Hypersensitive skin

BE Range



Mum-to-be

There are so many wonderful products to bless, encourage, pamper and bring peace to a mum-to-be including our bath and body products. For that growing bump, this oil can bring the nourishment your skin will need.

Products:

- IT'S ALL GOOD



Oily

There are many products suitable for Oily Skin - these products come highly recommended from our customers who notice a positive change when using them.

Products:

- WAY TO GO
- MOISTURE MATTE



Open pores

The following products are recommended for those with open pores. These products help to cleanse the skin (and clean out the pores!) and help to reduce the appearance of pores too!

Products:

- BE CLEAR
- PURIFICATION
- TONING ESSENCE
- GLOWCOLIC
- BREAKFAST SMOOTHIE
- DUAL ACT
- WAY TO GO
- MOISTURE MATTE



Puffy eyes

The following products can help with puffy eyes and bring rest and calm to the delicate skin surrounding the eye.

Products:

- WINDOWS OF THE SOUL
- EYE TRUFFLE
- EYE SURVIVE
- EASY ON THE EYE
- EYE THERAPIST



Psoriasis

As Psoriasis is a medical condition it is always recommended you seek the advice of a Doctor. A lot of customers have said the following beautiful products have hugely helped them with their Psoriasis.

Products:

- PEACE BE STILL
- BE STRONG
- BECALM
- QUENCH



Pale pasty skin

We would say love your body, take care of it, and know your beauty! We do have products for every skin-type. The following products give the skin radiance and some give that extra glow for those events or just for a pick-me-up day - radiance without make-up!

Products:

- LOVELY DAY
- BODY TRUFFLE
- GORGEOUS GLOW
- VELVELUTTO
- THE CONTOURIST



Pigmentation

For redness and hypersensitive skin the following products are highly recommended:

Products:

- PEACE BE STILL
- BE STRONG
- BECALM
- QUENCH
- LIFE DEFENCE



Rosecea

As Rosecea is a medical condition it is always recommended you seek the advice of a Doctor. We do however have some wonderful products in our sensitive range (the BE Range), particularly when your skin is hypersensitive. Treat you skin with kindness.

Products:

- PEACE BE STILL
- BE STRONG
- BECALM
- QUENCH



Sleep deprivation

We would recommend the following products to help to bring rest and relaxation to enhance your night time sleep:

Products:

- REPOSE
- AAAHHH!
- DRIFT AWAY
- DUVET
- QUIETUDE
- SILENT NIGHT KIT
- SPA WHEREVER YOU ARE
- KEEP THE PEACE DIFFUSER
- SIESTA FOREVER CANDLE



Scars

Customers have fed back that the following products have helped with scarring:

Products:

- IT'S ALL GOOD
- BE CLEAR



Sun Protection

It is recommended that the best way to stay safe in the sun is to stay in the shade, stay hydrated and apply sunscreen every few hours

Products:

- LIFE DEFENCE



Sensitive

The BE Range is extremely kind & gentle, with prebiotics that are great for the sensitive skin-types. Beautiful. Sophisticated. A texture like liquid silk that settles the skin immediately, leaving it smooth and hydrated. The BE Range contains vitamins A & E plus our unique Calmaderm™ complex

Products:

- BE GONE
- BECALM
- BE STILL
- BE STRONG
- TONING ESSENCE



Uneven skin tone

All our Temple Spa serums help to bring an even skintone as well as the these scrubs and mask:

Products:

- BE CLEAR
- BE STRONG
- BE FIRM
- TRUFFLELIXIR
- THE CONTOURIST
- BREAKFAST SMOOTHIE
- THE POWER BREAKFAST



Wrinkles and fine lines

Love the skin you're in and take care of it – for those who are looking to take their skin care to the next level – the following products are recommended:

Products:

- LIFE DEFENCE
- WINDOWS OF THE SOUL
- BE STRONG
- TRUFFLE RANGE
- THE CONTOURIST
- EXALT

